Everyone has loving and wise ancestors, and by reaching out for their support we access tremendous vitality for personal and family healing. The ancestors also help us call in guidance, protection, and blessings to walk with confidence and clarity about life purpose.

This training emphasizes learning to relate safely and directly with family ancestors, both helpful older guides and those still in need of assistance. Participants will engage lineage ancestors in heart-centered ritual space through prayer, song, visioning practices, and supportive group dialogue.

There are no formal prerequisites, however, prior experience with inner work/psychological healing and relating directly with guides/teachers in spirit are both helpful. Folks new to ancestor work, adoptees, and those with a tough experience of family are warmly welcome. Those with a healing arts practice can expect to learn new skills to support your work.

Spaces are limited and cost is $400 for the intensive (some flexibility as needed, just talk with me); preregistration and full attendance requested. For questions or to register contact Daniel at: daniel@ancestralmedicine.org / (828) 767-9234.

Daniel Foor, Ph.D., MFT, guides trainings, rituals, and sessions focused on honoring ancestors, tending our relations with the natural world, and remembering our unique destiny and calling. He is the author of *Ancestral Medicine: Rituals for Personal and Family Healing* and has guided ancestor-focused healing rituals through the United States since 2005. For more info on his offerings and for free resources on earth-honoring spirituality visit: www.ancestralmedicine.org